

Registration

Registration available online at
www.npiweb.org

(Only 120 spaces available!)

For more information, please contact
npinashville@bellsouth.net.

By April 18, 2008:

Professionals: \$200

Students: \$75

After April 18, 2008:

Professionals: \$225

Students: \$100

(Lunch is included for both days)

If the registration fee prevents you from attending, please contact kacy.silverstein@vanderbilt.edu for possible scholarship opportunities.

Workshop Location & Parking

University Club

Vanderbilt University
2402 Garland Ave
Nashville, TN 37212
(615) 322-8564

For a map & driving directions to The University Club please visit
www.uclubnashville.org/contact.html

Parking instructions available at
www.npiweb.org



NPI
c/o Lisa W. Smith
Executive Coordinator
3808 Dartmouth Ave
Nashville, TN 37215

NPI Spring Workshop



Repairing Relationship: Neurobiological & Sociocultural Perspectives on Trauma

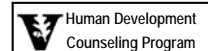
Amy Banks, M.D. &
Maureen Walker, Ph.D.

Jean Baker Miller Training Institute
Stone Center
Wellesley College

May 2nd & 3rd 2008
9:00 a.m. to 4:00 p.m.
University Club
Vanderbilt University



Co-Sponsors:



"To place culture, alongside connections, at the center of the theory is to break a critical silence." - Maureen Walker, PhD

Nashville Psychotherapy Institute, The Margaret Cuninggim Women's Center at Vanderbilt University, The National Association of Social Workers, the Human Development Counseling Center at Vanderbilt University and the Vanderbilt Department of Psychiatry are proud to offer this unique opportunity for an intensive study in Relational-Cultural Theory and the neurobiology of trauma and traumatic disconnection.

Relational/Cultural Theory

Developed at the Stone Center, Relational-Cultural Theory rests on the premise that growth-fostering connections are the central human necessity and disconnections are the source of psychological problems. In particular, relationships are profoundly influenced by cultural contexts. Above all, RCT asserts that people need to be in connection in order to change, to open up, to shift, to transform, to heal and to grow.

(www.jbmti.org)

Educational Objectives

- 1) To identify core healing practices of Relational-Cultural Theory.
- 2) To examine the role of neurodysregulation in shaping relational behaviors in trauma.
- 3) To evaluate a trauma case through both a neurobiological and sociocultural lens.

DAY 1: Friday

Topics will include:

- An introduction to Relational-Cultural Theory and practice.
- An exploration of power dynamics and the ways in which "power-over" relationships distort personal and community connections.
- An examination of the neurobiology of trauma and traumatic disconnection.

Experiential Activities and Clinical Applications will be included

DAY 2: Saturday

Topics will include:

- The impact of culture and power on therapeutic relationships.
- Building a healthy brain and resilient relationships.
- Trauma case applications of Relational-Cultural Theory and neurobiology.

CEU's Available!

Presenters



Amy Banks, M.D. is Director of Advanced Training for the Jean Baker Miller Training Institute and an instructor of psychiatry at Harvard Medical School. Dr. Banks is the co-editor of *A Complete Guide to Mental Health for Women*, author of "Relationships and Brain Chemistry," and author of numerous chapters and articles on lesbian parenting, Relational-Cultural Theory and trauma, and psychopharmacology and trauma. In addition, Dr. Banks lectures nationally on the neurobiology of relationship, biology of PTSD, and lesbian parenting and health.



Maureen Walker, Ph.D. is Director of Program Development for the Jean Baker Miller Training Institute and serves as Associate Director of Support Services at the Harvard Business School. Dr. Walker is the author and editor of numerous works, including *The Complexity of Connection: Writing from the Stone Center's Jean Baker Miller Training Institute* and *How Connections Heal: Stories from Relational-Cultural Therapy*. In addition, Dr. Walker sees psychotherapy clients in private practice, offers multicultural consultation, and lectures nationally on Relational-Cultural Theory and the impact of culture and power on therapy and the therapeutic relationship.